

GSG Boys Win GOLD!

Our boys competitive team has started their season with huge successes. They competed in a large meet in Richmond the weekend of February 19-21. At Level 4, Connor had a great day sticking a Gold medal on Pommel Horse (10.7) and two Silvers on Floor (9.9) and All-Around (60.2) -- an average of more than 10.0 on every event. Out of more than 60 gymnasts in his session Connor ended the day with the third highest All-Around. Elijah won Rings with a 10.8 taking home another Gold medal for GSG. Dario muscled into 2nd on Rings with an 11.2 and Cris tied for 2nd on Vault (9.6). Mark's showed his strength on Parallel Bars scoring a 9.6 and earning a 5th place medal.



The Level 5 team rose to 6th out of fourteen Level 5 teams. Ryan tied for Gold on Floor with an incredible 11.4 and tied for 3rd All-Around. Colin won Floor with an amazing 11.2 and swung into 2nd on Rings with an 11.1. Denis K. won Gold on Vault with a 10.0. Shahar flipped into 2nd on Rings with 10.4 and tied for 2nd on Parallel Bars (9.6). Baird and Julian both won Silver on Pommel Horse with Baird ending in a tie earning an 11.2, and Julian scoring an 11.0 in his age group. Nils ran into a tie for 3rd on Vault (9.7). Zachary's best event was also Vault where he tied for 5th. Savio powered into 7th on Rings with a 10.1. Dylan and Denis G. had their strongest event on Pommel Horse where they landed in 7th and 12th place respectively. Excellent work!

We Have Three National Merit Semi-Finalists On Our Staff!



National Merit Scholars are those high school students who score in the top 1 percent of all California seniors on the PSAT. This year three of our Gold Star staff members earned this highly prestigious honor. Congratulations to ...
Amelia, Elaine, & Sheila!

Gold Star's Big Show is June 10, 11, & 12 Save the Date - Everyone Performs! Admission is FREE!

Recreational / JO1 / JO2 / Girls Blue / PreTeam Students
Tue / Fri Classes Friday, June 10 7:00 p.m.
Mon / Wed Classes Saturday, June 11 4:30 p.m.
Thurs / Sat Classes Saturday, June 11 7:00 p.m.

Kinder-Star / Mini-Star / PreJO Students
Thurs / Sat Classes Saturday, June 11 2:00 p.m.
Mon / Wed Classes Sunday, June 12 1:00 p.m.
Tue / Fri Classes Sunday, June 12 3:30 p.m.

Aikido, Rhythmic, Cheer & Hip Hop Classes

Ask Your Coach for Your Performance Day

Special Performances by Our Teams & Coaches!!!

Spring Break Camps!

April 11-15

Do you need a few more activities to keep your darling happy and active over your Spring Break week? Sign up for our one-day Spring Break Camps! You can enroll in as many days as you need and receive a price break for 4 sessions or more. Sign-up for extended day and have your camper stay until 6:00. Ask at the front desk for details.



Gymnastics Summer Camps Here!!



We are now offering WEEK-LONG and ONE-DAY camps this summer. Both options are available to fit your busy vacation schedule. All summer camps have an option of extended day until 6:00. These camps are fun-filled days of gymnastics, games and music, a healthy snack and an art project, and much more! The week-long camps end with a show, plus a GSG T-shirt and enough smiles to last a month. Come join us - ask at the front desk about how to reserve your child's space today.

March 7 - Enrollment Begins for Summer Gymnastics Classes All Class Students Must Re-Enroll!

Gold Star's Summer Gymnastics Classes will be offered from June 13th through August 13th.

Summer camps run concurrently with gymnastics classes.

All class students pay for only **HALF OF JUNE**.

There are three options to enroll in summer:

Pay for 3 weeks and come any 3 weeks during the summer

Pay for 6 weeks and come any 6 weeks during the summer

Pay for 9 weeks for the price of 8 weeks

We have reduced our class offerings in the summer, and so **EVERYONE MUST RE-ENROLL** to attend the summer classes.

Make-ups are available for all paid classes.

There are no sibling discounts during the summer, but families have the flexibility to enroll siblings in different plans according to their varying schedules.

As with years past, the number of classes will increase in the fall.

ALL STUDENTS ENROLLED IN SUMMER CLASSES can enroll 3 weeks earlier than the general public for fall classes.

Competitive team members do not need to re-enroll for summer, and should pay their usual monthly tuition for June, July & August.

March's Safety Issue: Walking in Lines



This month every class will concentrate on walking in lines: from event to event, from the gym floor to the drinking fountain, and at the end of class from coach to parent. Allowing children to run from place to place in the gym is potentially very dangerous. The students may bump into each other or trip over the equipment. We have been especially concerned about students running into the beam area. Walking in lines helps to maintain a safe environment.