

Hip Hop CHAMPIONS!

Gold Star Hip Hop teams competed at Great America on October 11th and every team won FIRST! Our Mini's were named Grand Champions earning the highest score of the entire competition.

Come check out all of our cheer and hip hop teams performing in a **SHOWCASE** on November 21st at 6:00 p.m. in the Annex. There is a \$5 admission fee to benefit these teams.



Holiday Reminder

For the Thanksgiving Holiday, Gold Star will be CLOSED Thursday, November 26th, Friday, November 27th, and Saturday, November 28th. We want to make sure that everyone is offered an average of 4 classes per month throughout the fall (September, October, November, & December) while still giving our coaches time with their families. Have a wonderful holiday!

Good Luck to Our Artistic Teams Competing at States this Month!



RHYTHMIC CLASSES BRING A FRIEND WEEK!

The Week of November 30 - December 5, all Rhythmic class students will be able to bring a friend to class for free. Take this opportunity to show your friends how fun Rhythmic gymnastics can be! Contact our front desk to reserve a spot or for more information.

New Protocol for Children Picked Up By Car Services



Lately we have had a number of students who are picked up by car services. Since this is a new situation for us, we want to explain what our role is. Effective immediately, we are putting in place the following protocol. If your child is being picked up by a car service (Uber, Boost, etc.) please email (frontdesk@goldstargym.com) or call (650-694-7827) our front desk and provide our staff with the following information:

Your Name & Your Child's Name

The Car Service & Date and Time of Pick-Up

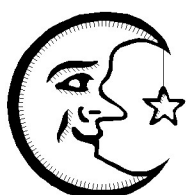
Please arrange to have your child wait at our front desk, and ask the driver to come into the building. We will keep a log of the driver's names. If the driver's picture is sent to your child's phone, please ask your child to share this with our front desk staff.

Please understand that if your child is apprehensive about leaving with the driver, we will not force them into the car. Instead we will have your child call you, and you can manage the situation.

We are taking these steps to try to accommodate those parents who have car services pick up our students. We accept no responsibility for screening or evaluating drivers or car services or for the safety of your children once they leave our premises.

Safety Reminder!!

As the evenings become darker - please remind your children to wait INSIDE the building. The managers and desk staff will do their best to keep the students inside the lobby, but we need your help.



Sign-Up Now For Winter Break Camps

Now With Extended Stay Until 6:00 p.m.!

December 21, 22, 23
December 28, 29, 30

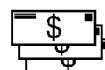


Gold Star is offering day camps for Mini-Stars and School-Aged children. These are one-day camps filled with gymnastics, rhythmic gymnastics, cheerleading stunts, games, crafts, music, healthy snacks, and more! Let the kids run around despite the weather, while you take a day to exchange gifts, take a nap, or have a massage.

We offer Extended Day from the end of our afternoon camps until 6:00 -- kids will be given a snack, shown a movie, and maybe even get some extra time on the equipment for just an additional \$25 per day.

Sign up now at the front desk.

Tuition and Classes in December



This year we are closed for classes from Dec 21 - Jan 2. Classes resume on Monday, January 4th. No make-ups are necessary to compensate for the winter break. Monthly tuition is based upon an average of four weeks of classes per month. No additional charges are incurred for those months with extra days, conversely credit will not be given for those months with less class days due to holidays. Over the course of the school year (from September through May) the number of class days will average four per month. Everyone will be charged for only half of June, and then we begin the summer session. Check to see if your child's class has a waiting list before dropping for the month - we would not want you to lose your spot. Make-ups may be a better option.

November's Safety Issue:

Earthquake Awareness

This month's Safety Issue is Earthquake Awareness. We will talk to the children about the "duck and cover" position, and safe places to stand in the gym in the event of an earthquake. During the earthquake a few years ago the students and coaches in the gym reacted perfectly - and you will all be happy to know that trophies (which are bolted to the shelves) all stayed in place!!

