



Gold Star

GYMNASTICS

School Year Classes

Starting August 17, 2020

MiniStars

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
M1	M2	M1	M2	M1	M2	M1	M2	M1	M2	M1	M2	M1	M2
										9:00	9:00	9:00	9:00
4:00	4:00	4:00	4:00	4:00	4:00	4:00	4:00	4:00	4:00	9:45	9:45	9:45	9:45
4:45	4:45			4:45	4:45			4:45	4:45	10:30	10:30	10:30	10:30
		5:30	5:30			5:30	5:30	5:30	5:30	11:15	11:15	11:15	11:15
6:15	6:15	6:15	6:15	6:15	6:15	6:15	6:15	6:15	6:15	12:00	12:00	12:00	12:00

Girls Recreational

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Red	Orange	Red	Orange	Red	Orange	Red	Orange	Red	Orange	Red	Orange	Red	Orange
										9:00	9:00	9:00	9:00
3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	10:00	10:00	10:00	10:00
4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	11:00	11:00	11:00	11:00
5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	12:00	12:00	12:00	12:00
6:30	6:30	6:30	6:30	6:30	6:30	6:30	6:30			1:00	1:00		

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green
										9:00	9:00	9:00	9:00
		3:30	3:30	3:30	3:30			3:30	3:30	10:30	10:30	10:30	10:30
4:30	4:30					4:30	4:30						
		5:00	5:00	5:00	5:00			5:00	5:00				

Boys Recreational

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Red/Blue	Red/Blue	Red/Blue	Red/Blue	Purple	Red/Blue	Red/Blue
			3:30	3:30	10:00	10:00
5:30	4:30				11:00	11:00

Ninja Training

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ninja	Ninja	Ninja	Ninja	Ninja	Ninja	Ninja
3:30	3:30					9:00
			4:30	4:30	12:00	12:00
				5:30	1:00	
6:30	6:30	6:30	6:30			

Cheer Classes

Tuesday
5:45-6:30

Teen Gymnastics

11-16 years

Tuesday 6:30-8:00
Saturday 11:00-12:30

PreCompetitive Classes

Girls PJO: Mon & Wed 3:30-4:30
Girls JO1 : Tues & Thurs 3:30-5:30
Girls JO2 : Mon, Wed & Fri 3:30-5:30