

Gold Star Voted Best Place for KIDS in the South Bay!

Best by

Gold Star has been named one of the TOP 8 of Best Places for Kids in the San Jose Region by KidsOutandAbout.com. We are humbled and grateful for this honor.

September's Safety Issue:

Social Distancing

We continue to streamline our procedure for quickly and smoothly moving all of the students from the handwashing stations into the lobby, where we have designated areas for the children to wait until their class begins (under our color coded Star Signs).

In a further effort to alleviate some of the crowding in the front of the building, several team groups have been instructed to enter through the side doors and wash their hands in the bathrooms.

If you arrive early to class and are waiting outside, please be cognizant of staying at least 6 feet away from other family groups.

Thank you so much for your cooperation and support through these unprecedented times.



Consider Enrolling in Weekend & Midday Classes
The Gym Has a Lot of O - P - E - N Space During these Times

Adding An Outdoor Training Space



In the next month we plan to open a outdoor floor area providing more room in the gym. This outdoor space will be used by our team athletes to practice strength and stamina skills. Because these students will be outside and six feet apart they can work on increasing their endurance without face coverings.

#MarchforGSG

If your account still has a credit from the last two weeks of March, this will be applied to September's balance. If you would like to "opt out" of using this credit and return it to the gym's coffers to help pay for the staff's health insurance (which has been continuously funded throughout the closure and re-opening), please email our Office Manager ccastillo@goldstargym.com. We are grateful for any assistance we receive and completely understand if your family is not in a position to forgo these funds.

Thank You to All of the Parents Who Have Taken the Time to Email Us Wonderful & Insightful Suggestions & to Those Who Have Given Us Several 5 Star Reviews!

Gold Star

GYMNASTICS

We are OPEN Every Day in September & October

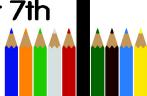


Next School Day Camp

3 Week Session

Start September 7th

Get the kids up and moving and away from their screens! Same great program as our holiday camps: gymnastics, games, crafts, and snacks!



Choose a 1, 2, 3 or 5 day option

3 Time Slots Available

MORNING: 8:45-11:45 for MiniStars OR 8:30-11:30 for School-Age AFTERNOON: 12:15-3:15 (for children aged 3-11)

FULL DAY: 9:00-3:00 (for children aged 3-11)

Midday Classes

In Person and Over Zoom



Do your kids need a break during the school day?
Try our Midday Classes either in person or over Zoom!
Choose a 1, 2, 3 or 5 day option

6 Time Slots Available for Midday Classes

Morning: 9:00 10:00 11:00

Afternoon: 1:00 2:00 3:00 (Zoom Only)

55 Minutes for In Person Classes & 30 Minutes for Zoom Call Now for a Free Trial!

Join Our All-Star Cheer Team!

All-Star Cheer is competing this spring!

Our teams are practicing with proper social distancing:

perfecting their strength, flexibility, jumps, dance, & tumbling. Email cheer@goldstargym.com to audition.

Make-Ups Begin in October

We are still devising a method to offer make-ups while maintaining small consistent groups. Stay tuned for more information about how to retrieve those make-ups from the 2019-2020 school year.