

Gold Star GYMNASTICS



Weekday Morning Člassès Return October 5th!

Starting the week of October 5th, we are now offering weekday morning MiniStar, School-Age, and KINDERSTAR classes. KinderStar classes are also opening on Sunday mornings. KinderStars are a Parent and Tot class for children from 18 months to 3 years plus. Everyone participate, so both adults and children must wash their hands before starting class,

and all adults must wear masks while inside the gym.

KinderStars are in the House!

New Ninja & Boys Classes Just Added in the Afternoon

Adult Class Returns October 6th

Tuesdays and Thursdays 8:30-10:00

All adults must wear masks throughout class,

wash their hands upon arrival and frequently throughout class, & maintain a 6 foot distance from all other participants.

\$25 per class for a 10-class card or \$40 drop-in fee *All Class Cards are sill valid.*

Reserve the Gym for In-Person Play Dates with the Kids in Your Bubble

Rent the gym for an in-person gymnastics play date with the kids in your bubble. We provide the coaches and the cleaning! Kids will bounce, climb, and roll with supervised instruction from our amazing coaches, alongside the friends from their shelter-in-place family group. Call for a reservation.



\$250 for one hour of play limited to 12 participants

Saturdays OR Sundays 2:00 Weekdays 10:00, 11:00, 1:00, or 2:00

Virtual Birthday Parties

Saturdays OR Sundays

1:00-2:00

\$150 for 45 minutes of instructor-led play for your child's special day. 45 minutes of instruction 15 minutes split before and after for kids to visit

Invite ALL of their friends - unlimited participants

3-Week Session In-Person Make-Ups

To make up classes from the 2019-2020 school year, 2020 summer classes, or the 2020 fall school year classes..

Enroll in our 3-week Make-Up Session!

Come 1, 2 or 3 weeks according to your number of absences.

Saturdays: October 10, 17, & 24 Sundays: October 11, 18, & 25

MiniStar Classes 2:00-2:45 3:00-3:45 4:00-4:45

55 min School-Age Classes 2:00-2:55 3:00-3:55 4:00-4:55

85 min School-Age Classes 2:00-3:25 3:30-4:55

To keep your child's interactions with other students to a minimum, we have set low enrollment and maintained stable groupings (although not every child will attend all 3 weeks if they do not have 3 absences to make-up).



Our first Star Week of the new school year will happen this month, and now our Star Sheets are ONLINE! By Star Week we will have every student's Star Skills inputted into their online portfolio accessible through the Parent Login on the homepage of our website.

Please understand that the Star Sheets are simply a progress report. Usually children have mastered several of the skills during their first months in class, but it may take a year or more to learn those last few skills. Therefore, we feel it is more motivational to receive a handful of stars every Star Week, instead of most of the stars in the first assessment and possibly only one each Star Week following.

Coaches may evaluate the skills over two weeks to allow the students to rotate through every event. If you would like your child to be checked for the next level outside of Star Week, please ask at the front desk to speak with a floor manager. The coaches are also able to move students up whenever they feel the gymnast is ready.

Every School-Age student will receive a poster for their level to take home. In future Star Weeks, the appropriate sticker stars will be given for your children to put on their posters. MiniStar students will receive a ribbon every Star Week.

Lost & Found

Items left in the gym are on the table inside the front door. We have collected many water bottles and other treasures. Please claim your lost items by October 15th. After that date all items will be donated.