

COVID Exposure Procedures

<p>Everyone Always Fully Masked <i>Cover Nose & Mouth Completely</i></p>	<p>Fully Vaccinated 2nd Shot within 6 months or Vaccinated with Booster</p>	<p>Not Fully Vaccinated</p>
<p>Exposure One Encounter <i>(direct exposure of within 6 feet for 15 minutes or more)</i></p>	<p>No Quarantine Necessary but For the FIVE Days after exposure come to the gym if ... Asymptomatic & Test Negative with an Antigen Test on Gym/Work Days <i>(Home Tests are Fine)</i></p>	<p>Quarantine for FIVE Days and then On Day SIX come to the gym if ... Asymptomatic & Test Negative with an Antigen Test on Gym/Work Days <i>(Home Tests are Fine)</i></p>
<p>Exposure Ongoing <i>(COVID positive person in household)</i></p>	<p>No Quarantine Necessary but For TEN Days after exposure come to the gym if ... Asymptomatic & Test Negative with an Antigen Test Gym/Work Days <i>(Home Tests are Fine)</i></p>	<p>Quarantine for FIVE Days and then On Day SIX through TEN come to the gym if ... Asymptomatic & Test Negative with an Antigen Test on Gym/Work Days <i>(Home Tests are Fine)</i></p>
<p>Tested Positive</p>	<p>Quarantine for FIVE Days and then AFTER Day 5 come to the gym if ... Asymptomatic & Test Negative with an Antigen Test on Gym/Work Days <i>(Home Tests are Fine)</i> OR Quarantine for TEN Days & Return Asymptomatic</p>	

