

GOLD STAR
ALL STAR
CHEER

2025-2026

Celebrating

25
Seasons

**JOIN OUR
CHEER
FAMILY!**

**EVERYONE
MAKES A TEAM!**

**AGES 5-18YRS OLD
BEGINNER-ADVANCED**

**CALL OR EMAIL FOR
MORE INFORMATION**

**727 SUNNYVALE SARATOGA A ROAD
SUNNYVALE, CA 94087
650-694-7827
CCORDERO@GOLDSTARGYM.COM**



Be A Part of Our Cheer Family

Gold Star is in its 25th Season as an All Star Cheer Program! We are very proud to be one of the longest standing All Star Cheerleading Organizations in the country! We offer competitive cheer for ages 5yrs to 19yrs of age. No experience necessary! Everyone makes a team! Your child will be placed on a team of similar age and skill level.

Local Teams

Our Local Competitive Cheer teams are geared towards beginner thru advanced-beginner cheerleaders or for those that want less of a time commitment to the sport. Practice will start June 23, 2025. Summer vacations are allowed but must inform the coach of your summer plans once you are placed on a team. Our Local Teams will have team practice 2x/wk, 1.5hrs/practice. One tumbling class/week is included in tuition. The team will compete at between 4-5 competitions within the Bay Area sometime between October 2025 - May 2026. For more information, please email ccordero@goldstargym.com.

Elite Travel Teams

We have Elite Travel Competitive Cheer teams for beginner thru advanced cheerleaders or for those that want to have a long term commitment to the sport. Practice will start June 23, 2025. Summer vacations are allowed but must inform the coach of your summer plans once you are placed on a team. Our Elite Travel Teams will have team practice 2x/wk, 2hrs/practice. One tumbling class/week is included in tuition. The team will compete at between 5-6 competitions within the Bay Area as well as possible travel competitions within the United States, sometime between October 2025 - May 2026. For more information, please email ccordero@goldstargym.com.

Coaching Staff

Our coaches are upbeat, energetic, and extremely conscientious of the health, safety, and well-being of our athletes. Our staff attends extensive development opportunities throughout the year so that they are informed and fully trained at the levels they are coaching. All of our coaches are CPR & First Aid certified, hold USASF level credentials and have certificates in Concussion Protocols, Safe Sport and have been granted green light status through the NCSI background checking system.

Past Season Awards & Accomplishments

- Regional, National, and Summit Champions
- Specialty awards ie., Innovative Choreography, Best Dance, Best Tumbling Section, Best Jumps, Showmanship.

CONTACT INFORMATION

Coach CC

ccordero@goldstargym.com

Coach Carolyn

cheer@goldstargym.com

Billing

ccoates@goldstargym.com

Front Desk

frontdesk@goldstargym.com

Gold Star Athlete Application Process

- Complete the [Application](#) Google Doc Form Online. Every athlete must have one completed before their team evaluation.
- Attend an evaluation date. Schedule an evaluation by emailing ccordero@goldstargym.com.

Team Class Practice Schedule

TEAM	AGE RANGE	TEAM PRACTICE DAYS	PRACTICE TIMES
Tiny Novice TWINKLE	4-7 yrs old	Fridays	5:30-6:30
Mini Novice CADETS	6-9 yrs old	Monday & Wednesday	4:00-5:30
Mini Prep L1.1 BIG BANG	6-9 yrs old	Tuesday & Thursday	4:00-5:30
Youth Novice LIGHT YEAR	7-11 yrs old	Monday & Wednesday	4:00-5:30
Youth Flex Elite L1 COSMIC	7-13 yrs old	Tuesday & Thursday	3:30-5:30
Youth Flex Elite L2 XENON	7-13 yrs old	Tuesday & Thursday	5:30-7:30
Junior Prep L1.1 NEBULA	8-16 yrs old	Monday & Wednesday	5:15-6:45
Junior Elite L1 JED1	8-16 yrs old	Monday & Wednesday	6:30-8:30
Junior Elite Flex L2 2 INFINITY	9-16 yrs old	Tuesday & Thursday	5:15-7:15
Senior Elite L3 NUCL3AR	13-19 yrs old	Tuesday & Thursday	7:15-9:15

Team Tumbling Schedule

All cheer team members are allowed 1 CHEER tumbling class per week which is included in your team tuition. You must enroll in a regular weekly tumbling class.

EXPENSE LIST

	Due Date	LOCAL	ELITE TRAVEL
Monthly Tuition	Prior to the 1st of the month	\$310/month	\$340/month
Approx costs for the regular season for uniform, teamshirt, bow, practice gear, music, competition & coaching fees	Payment schedule	Approx \$1440	Approx. \$2090
USASF Membership Fee: Pay through www.usasf.net	Sept 15th	\$50	\$50
End of Season Competition & Coaching Fees	TBA	None	TBA

COMPETITION SCHEDULE

Schedule Pending Event Producers Final Schedules

Date	Local	Youth Elite	Elite	Venue	Event Producer
June 28 & 29, 2025	recommended		X	Dublin	COA Cheer Camp includes meals
September 6 or 7, 2025	X	X	X	Downtown Mtn View	City of Mountain View
10/25/2025 TBD	X	X	X	TBA	Saturday Showoff
11/1/2025 TBD	X	X	X	TBA	Saturday Showoff
Nov. 22, 2025	X	X	X	San Mateo Expo Center	GSSA - San Mateo - Challenge - DI/DII
December 6-7, 2025		X	X	Roseville Event Center	Cheer Power - Holiday - Roseville - Showdown - DI/DII
January 9-11, 2025		X	X	Bakersfield	GSSA Grand Nationals
January 10, 2026	X			Stockton	JAMZ Showdown at the Bay
January 18-19, 2026	X	X	X	San Jose ConvCenter	The American Masterpiece – San Jose National DI/DII Grand National
February 13 & 14, 2026		X	X	Vegas	JAMZ Nationals
March 7 & 8, 2026	X			Sacramento	Spirit Marquee
MARCH TBA	X	X	X	Santa Clara	Encore - Santa Clara - Showdown - DI/DII
March 28-29, 2026		X	X	Anaheim	The American Showcase DI & DII
4/4/2026 TBD	X	X	X	Gold Star	End of the Year Showcase
April 3 & 4, 2026			tentative	Honolulu, Hawaii	Spirit Royale
April 10-12, 2026		tentative	tentative	Phoenix Conv Ctr	Varsity West Regional Summit
April 24 & 25, 2026		tentative		Tampa, Florida	Youth Summit
May 2, 2025	X	X	X	TBD	End of Year Banquet
May 8-10, 2026			tentative	WDW Florida	D2 Summit
May 30-31, 2026	X	X	X	Gold Star Gym	Gold Star's Big Show

Dates in BLUE you must receive a bid to compete at.

FAQ'S

- Summer Tuition:
 - Everyone will pay June tuition, in full, to secure your spot on the team.
 - If you are not starting on June 23rd, once your athlete starts, you will receive a credit towards the first month attended.
 - If you miss 2 or more consecutive weeks in the summer, you will be prorated for the time being missed.
- Camp: June 28 & 29, 2025
 - How does the camp payment work? Elite teams will pay a full month's tuition for the partial month that you will attend in June. The remainder will be put towards the camp.
 - Is Camp Mandatory? Camp is mandatory for the Elite teams but is recommended for any one on a Local team. Local team members that would like to attend camp must indicate that on the team handbook form. Local team members that will attend camp will pay the full month of June tuition. Local team members that do not attend camp will be pro-rated for the month of June.
- Class Schedule
 - When do classes start and end? Officially our classes start June 23, 2025 and end around the end of April 2026, pending End of Season Events.
 - Vacation time schedule (Summer/holidays/Thanksgiving/Winter and Spring breaks etc) We do allow vacations during summer and school holidays. We encourage everyone to attend summer classes, when in town, because we will work on fundamentals, conditioning, as well as parts of the routine choreography. If you are a family that likes to take vacations whenever school is not in session, the Local teams may be a better fit for your family.
 - Is the frequency 2 times/week for cheer and 1 time/week for tumbling? Yes
- Competition
 - How often do we have the competition? Local Teams - 4-5, 1 Day competitions a season, no more than 1 competition per month, if possible. Elite Teams - 6-7, 2-Day competitions a season, no more than 1 competition per month, if the competitions offered permit.
 - What day of the week is the event usually held? Local Teams are normally held on a Saturday, Elite Teams are normally both Saturday & Sunday. Your athlete is expected to perform on each competition day.
- Fee
 - Are all fees due all at one time? Tuition is due by the 26th of the previous month. We prefer to have a credit card on file but we will take cash or check as well. All other fees along with due dates are listed within the brochure.
- COMPETITION SCHEDULE
 - Is the current competition schedule in this brochure a set schedule for dates and locations? Event Producers publish schedules but these schedules are always

tentative until around September. Some dates may be added, and some deleted, based on their final schedules. Final schedules are normally set by the end of August. Local teams are limited in competition availability and will most likely compete at all events posted. Elite teams WILL NOT compete at every single event posted. These dates and venues are put on the calendar to give you an idea of what dates and locations are a possibility.

- When do you find out the order of performances for competitions?
 - Approx 2 weeks before the event they will put out a block schedule. This means that teams will know when they perform within about a 5hrs time frame.
 - Approx 10 days before the event they will put out a tentative schedule
 - The Tuesday before the event they will publish a final schedule, but that can still sometimes change but normally by less than 30mins.
- TRAVEL COMPETITIONS
 - Do you book your own transportation?
 - You will always book your own transportation and decide whether or not you would like to drive (if possible) or fly. Normally, the team parent will create a travel document where you will be able to see what flights other families are taking so you can coordinate.
 - Do you book your own hotel?
 - Most of our competitions are “Stay to Play” meaning that you must stay in a designated hotel(s) from a list that the Event Producer supplies. Gold Star will get a hotel block for the team when able to. These links will be sent out and you will have about 5 days to secure your room within our block.
 - Competitions that are not “Stay to Play” you can book on your own. Normally, the team parent will create a travel document where you will be able to see where the other families are staying so you can coordinate.
 - D2 Summit offers hotel packages or commuter packages for you to choose from.